



MARYLAND PHYSICIAN HEALTH PROGRAM

Helping Physicians and the Medical Community for more than 30 Years

• **Private** • **Confidential** • **Non-disciplinary** • **Help**

Have You Ever...

- noticed while at work that a physician colleague smelled of alcohol?
- been concerned by a physician who was so upset and angry with colleagues, nurses or staff that it interfered with patient care?
- been plagued with worry or concern because a colleague "just doesn't seem right?"

Do You Know Where To Turn If...

- you thought a physician friend might have a drinking problem?
- a colleague was self-prescribing pain-killers or other controlled medications?
- a colleague seemed depressed, was experiencing mood instability, or was overly anxious to the point that their performance was being affected?

These are some examples of the types of problems that may interfere with the safe practice of medicine, or the effective operation of your practice or institution, and have the potential to result in legal and disciplinary actions, which may even affect licensure status. **Most importantly, these types of conditions can be addressed through proper assessment and treatment.**

During these increasingly difficult times for physicians, it is even more essential to have a place to turn to for professional assistance with potentially career-ending problems. The Maryland Physician Health Program is a private, confidential, non-disciplinary program that works to advocate for the health and well-being of all physicians in the state of Maryland, and to safeguard the public. The Program is HIPAA compliant, and protects the confidentiality of participant records as set forth under state and federal law. The Program is administered by the Maryland State Medical Society's charitable affiliate, the Center for a Healthy Maryland, and is separate from the Maryland Board of Physicians.

Utilization of the Program can also be used to satisfy the Joint Commission requirements *to be able to identify and assist physicians with health and behavior problems, and to have a process to identify and manage matters of individual physician health that is separate from the medical staff disciplinary function.*

The Maryland Physician Health Program helps with:

- Alcohol/chemical dependency
- Mental or emotional health
- Stress
- Physical and cognitive impairment
- Disruptive behavior
- Sexual misconduct/boundary violation

We need your support! Please consider making a tax-deductible contribution to the Center for a Healthy Maryland. For more information about the Program, visit www.healthymaryland.org or call at 800-992-7010 or email phpinfo@medchi.org.

For a confidential consultation

Monday through Friday

Hours: 8:00 a.m. to 5:00 p.m.

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